



First Annual Norco Kiwanis Lake Norconian 5K Run/Walk

Saturday, Nov. 14, 2009

Check-in: 6:45 - 7:45 AM

Event starting time: 8:00 AM

Lake Norconian is located on an active military base.

Photo ID required at check-in.

Event begins and ends on the
Riverside Community College, Norco Campus,
2001 3rd St., Norco, CA 92860

www.NorcoKiwanis.org

- Go to NorcoKiwanis.org for
- ▶ Detailed map information.
 - ▶ Printable registration form

The event will take place rain or shine!

Contact e-mail: Liz@NorcoKiwanis.org

2009 Lake Norconian 5K Run/Walk ✂ Entry Form

--	--

FIRST NAME

LAST NAME

--	--	--	--	--	--	--	--	--	--

AGE

SEX

DATE OF BIRTH

MOST CONVENIENT PHONE NUMBER

STREET ADDRESS

CITY

STATE

ZIP CODE

EMAIL ADDRESS

WAIVER AND RELEASE FROM LIABILITY (All participants must sign):

In consideration of this entry, I, for myself, my heirs, executors, administrators, and assignees, hereby waive any and all rights and claims for damages against the Norco Kiwanis Club, Kiwanis International, the Lake Norconian Club Foundation, Riverside Community College, the United States Navy and it affiliates, Prime Time, all sponsors, and any individual associated with this event, for any and all injuries sustained by me during this event, including before and after the run/walk. I also understand that none of the above parties are responsible for the loss or damage of personal items or any other aggravation in connection with this event. I acknowledge that I am aware of the inherent risks in participating in an athletic event of this type. I attest and verify that I am physically fit and have trained sufficiently for the competition of this event. Furthermore, I grant full permission to any and all of the foregoing to use my name, my voice, or my picture in any broadcast, telecast, advertising, promotion or other accounts of this event for any purpose whatsoever. **I understand that this entry fee is non-refundable and non-transferable.**

X _____
Signature (If under 18 years old, parent/guardian signature is required)

Date

Send entry to: **Norco Kiwanis Club**
PO Box 285
Norco, CA 92860

Make check payable to: **Norco Kiwanis Club**

Amount enclosed: \$ _____

Complimentary Event T-Shirt Size:

S ___ M ___ L ___ XL ___ 2XL ___

For office use only

A ___ B ___ C ___ D ___ E ___ F ___ G ___

H ___ I ___ J ___ K ___ L ___ M ___ N ___